

Public Awareness of COVID-19 symptoms

In order to preserve our Safety Forces from exposure to COVID-19 and not overwhelm our dispatching system, we are asking that the community take these steps if they are not feeling well. Protect yourself so that you may protect others.

What do I do if I think I may have COVID-19 or have been exposed?

Your symptoms could be allergies, common cold, or flu—but it's best to be sure. If you have a fever and cough, staying home is the safest place for you and for everyone else. Get plenty of fluids, rest and OTC meds. Patients with mild symptoms should **NOT** call 911.

Primary Care

When you have mild symptoms like a fever or cough, call your doctor's office first. Most people with mild symptoms are asked by health care professionals to stay isolated at home. Your physician will determine if you get tested for COVID-19.

Video Visits

Seek out opportunities to use video doctor's visits. This is a great way to avoid leaving home when you are ill and still receive medical assistance.

Emergency Care

In case of a **life-threatening** medical emergency, **call 911**. That means difficulty breathing, chest pain, emergency medical condition. If your symptoms are getting worse, but are not life-threatening, have someone drive you to the emergency room, but only after you have called the ER first so they can prepare for your arrival.

If you are a **Metro Health patient** and think you have COVID-19 go to:

<https://www.metrohealth.org/infectious-disease/covid-19>

If you are a **University Hospital patient** and think you have COVID-19 go to:

<https://uhhospitals.org/healthcare-update>

If you are a **Cleveland Clinic patient** and think you have COVID-19 go to:

<https://my.clevelandclinic.org/landing/preparing-for-coronavirus>

Helpful Links

Centers for Disease Control: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

Ohio Department of Health: <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/>

Cuyahoga County Board of Health: <http://www.ccbh.net/coronavirus/>

The Ohio Department of Health

Call 1-833-427-5634 seven days a week from 9:00am to 8:00pm.